

# Praying as Jesus Taught: Our Father

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As Jesus taught His disciples to pray, He began with “Our Father.” This is the beginning for the “Lord’s Prayer” or “Our Father” (Matthew 6:9-13), which is meant to be more than a single prayer. It’s the model and pattern for our daily prayer life, including various things to pray about daily.

For instance, it’s easy to take the idea of coming to God as our Father, and turn it into a prayer of praise and thanksgiving as you begin praying. Pause for a moment to express gratitude over Scripture truths such as these:

God, your Father, has adopted you (Romans 8:15).

He sent His Son to die for you (John 3:16).

The same hands that set the stars in place, knit you together in your mother’s womb  
(Genesis 1:16; Psalm 139:13).

You are precious to Him (Isaiah 43:4).

He has a plan and purpose for your life (Jeremiah 29:11).

You are His workmanship (masterpieces!), created for good works which He has prepared beforehand  
for you to do (Ephesians 2:10).

No one can separate you from His love (Romans 8:35, 39).

No one can snatch you out of His hands (John 10:28, 29).

You have been given every spiritual blessing in Christ (Ephesians 1:3).

You are co-heirs with Christ (Romans 8:17).

Christ lives in you (Galatians 2:20).

God is making you like Christ (Romans 8:29).